

### Experiential Education Department- 6<sup>th</sup> Grade Equipment Information

We do not expect families to spend a great deal of money preparing for this trip. All underlined items can be borrowed, free of charge, from the Experiential Education Department. Students' equipment will be checked prior to trip departure and any missing items will be lent at that time. No prior reservations needed. Students should wear appropriate outdoor clothing that is loose fitting and comfortable for activity. Please be attentive to temperature and weather and make sure your child will be warm and dry.

#### 6<sup>th</sup> Grade FALL Day Hike Equipment List

- School sized backpack** (please not just a camelbak style bag that is just designed to carry water – needs to be able to also fit rain gear, warm layers, and food).
- Hiking boots/Sturdy Athletic/Running Shoes-** Comfortable, well fitted, broken in boots/shoes, suitable for hiking.
- Rain gear (top & bottom)-** a zippered rain coat and rain pants (no ponchos). Please look for equipment made of "coated nylon" rather than vinyl. The vinyl rain gear tends to rip easily in a backcountry setting.
- Extra insulating layers**—1 or 2 fleece or wool sweaters (No Cotton).
- Sunglasses**—Full UVA and UVB protection or as close as you can get.
- Sunhat**
- Sunscreen
- Two 1 liter/32oz. water bottles or 2 liter camelback hydration bladder**

#### 6<sup>th</sup> Grade WINTER Day Hike Equipment List

- School sized backpack** (please not just a camelbak style bag that is just designed to carry water – needs to be able to also fit rain gear, warm layers, and food).
- Winter Boots or WARM Hiking boots/Shoes** - Comfortable, well fitted, and adequate traction. No thin cotton, ankle or mesh shoes- we could be walking in SNOW so dress appropriately.
- Rain gear (top & bottom)-** a zippered rain coat and rain pants (no ponchos). Please look for equipment made of "coated nylon" rather than vinyl. The vinyl rain gear tends to rip easily in a backcountry setting.
- Insulating layers**—2 fleece or wool sweaters (No Cotton).
- Sunhat**
- Sunglasses**—Full UVA and UVB protection or as close as you can get.
- Two 1 liter/32oz. water bottles or 2 liter camelback hydration bladder**
- Warm coat**
- Wool or fleece hat** that covers the ears.
- Gloves or mittens**

#### 6<sup>th</sup> Grade Overnight Camping Equipment List

- Duffle Bag, Soft Backpack or soft medium suitcase to carry and store your belongings
- Day Pack (school sized backpack)
- Sleeping bag-** Synthetic or down mummy bag rated in the 15-20 degree range is best.
- Sleeping Pad-** an insulated pad to sleep on (Thermarest or Ensolite are best).
- Rain gear (top & bottom)-** a zippered rain coat and rain pants (no ponchos).
- Long underwear (top & bottom)** Must be wool or synthetic. No Cotton.
- Hiking boots/Sturdy Athletic/Running Shoes-** Comfortable, well fitted, broken in boots/shoes, suitable for hiking.
- Wool or synthetic socks-** 2 pairs of (avoid cotton blends)
- Pants-** 1 pair, loose fitting, non cotton (athletic type warm-up pants are best)
- Shorts-** 1 pair, non cotton (athletic type shorts are ideal)
- Tshirts-** 1-2
- Long Sleeve Shirt** - 1 (avoid cotton)
- 1 warm layer (sweater, fleece or warm jacket)** -no cotton allowed, please.
- Warm Hat** –Winter style warm hat
- Sunhat**
- Mittens or gloves-** x1
- Underwear-** 2 pair
- Two 1 liter water bottles or 2 liter camelback hydration bladder**
- Toiletries-** toothpaste and brush, personal medications, sunscreen (please no moisturizers, makeup, deodorants, etc as these attract animals)
- Flashlight or Headlamp** –with new batteries
- Sunglasses**
- Sunscreen**
- Large Cup or Insulated Mug** for hot drinks
- Girls-** If you expect to have your period on the trip please bring extra tampons/pads, a few small ziplocks and a non-see through case to carry them all in.
- Camera (optional), Reading book (optional)**  
*Please do not bring:* Extra food, gum, or candy, Electronics (ipods, cell phones, games) money, lighters/matches or knives