



SwimAmerica™ swim lessons

We are delighted to provide your child with a comprehensive swim-instruction program. **Aimee Dunavant** and **Carolyn Snyder** are our Site Supervisors, with Ms. Dunavant supervising in the morning and Ms. Snyder supervising in the afternoon. Swimmers enjoy quality and caring swim instruction in the Natatorium, our state-of-the-art indoor aquatics facility, staffed with...

- American Red Cross Lifeguards: CPR/AED/First-Aid Certified
- American Red Cross Supervisors: Lifeguard-Instructor Certified
- SwimAmerica™-certified Supervisors and Instructors

Albuquerque Academy offers the only SwimAmerica™-certified program in the city! For more information, visit www.swimamerica.org. Instructors initially group swimmers according to age; after assessment, instructors regroup swimmers by ability. The swimmer-instructor ratio is typically 6:1.

Pool Attire/Equipment

If at all possible, bring your swimmer already dressed. Swimmers will be more comfortable and able to focus if hair is tied and/or clipped off their face and away from their eyes. If your child will arrive from classes, camp, and/or an extended care program, please pack the following items (labeled with first and last name):

- Swimsuit
- Regular Bath-Size Towel
- Goggles*
- Backpack
- Water Shoes (Optional)

*Goggles provide a level of comfort for swimmers learning to put their faces in the water. Please adjust goggles for proper fit BEFORE arrival. Masks are not allowed as they interfere with learning good breathing technique.

Important Safety Notice to Parents/Caregivers

Your child will check in with staff at the top of the WEST entrance stairs. Please bid your child goodbye at the top of the stairwell. Pool assistants are available to guide new swimmers to the locker rooms and lesson meeting location. Have your child practice changing to make the transition to swim lessons go more smoothly.

Parents: To ensure that no unauthorized individuals have access to your child (or are entering locker rooms), **only swim personnel may be on the pool deck**. You are invited to observe lessons from the bleachers in the upper observation deck. **Please remain seated**; it is very distracting to swimmers when observers stand at the railings.

If you will be picking up your child at the conclusion of the lesson, check out your child with staff in the designated location. You may be asked to provide identification until we recognize you. There are restrooms on the upper level where you may assist your child with changing.

Thank you for sharing your child's summer experience with us!

Carolyn Snyder & Aimee Dunavant
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