



Dear Class of 2023 and parents,

Welcome to your senior year! I am happy to be working with you and look forward to seeing you all in August. This letter details convocation, the parking lot mural project, and Senior Retreat.

August 18

Convocation: The senior class will meet on the lawn outside the **WEST** Campus Dining Hall (WCDH) at **7:15 a.m.** to organize for the traditional march to the library field, pick up your ceremonial “entry items,” and have breakfast. Please be on time. Parents are welcome to join us for breakfast. After breakfast, we will be meeting the sixth graders outside the WCDH to walk up the path together. We will attend the 10-12 division meeting directly after convocation.

Parking Lot Murals: Seniors will not attend class on the first day but instead will be painting their parking spots. Be sure to bring a change of clothes to paint in, a hat, a water bottle, and sunscreen. We will provide all paint and supplies. You must have an approved design before you begin. This should have been submitted by **July 15**. The assignment is on the 10-12 division page on Canvas if you still need to submit a design.

August 19-21

Friday Breakfast: The Class of 2023 parents will be supplying a delicious and nutritious breakfast in the Senior Commons 7:30-8:30 a.m. Please ensure that you eat, as we have a long day ahead of us.

Manzano Mountain Retreat: We will be holding Senior Retreat at the Manzano Mountain Retreat Center in Torreon August 19-21. All seniors are required to attend Senior Retreat. We will leave campus Friday, August 19 at 9 a.m. and will return on Sunday, August 21 at 11:30 a.m.

Preparation for Senior Retreat

Medication - PARENTS

- If you have a child with **food allergies or sensitivities not listed on Magnus**, please contact Dr. Mike (505-228-2555) to discuss. If your child has special dietary needs, I need to let the caterer know well in advance.
- If your student will be **taking a prescription medication** to Senior Retreat:
 - **Medical History Forms:** We have your child's Magnus 911 information, which includes the information you submitted to their vital health record at the beginning of the school year. If there have been any changes since you submitted this information (health insurance, any new medical conditions, or medications your child takes, etc.), **please update your child's Magnus account.**
 - **Medications:** If your child will be taking prescription or over-the-counter medications (OTC) during the trip, make sure the **prescription medication authorization and off-campus medication authorization forms in Magnus** are current. *If you make changes, please let me know. If your child brings medications that are not listed, they will not be able to take them on the trip.*
- OTC medications we carry include Tylenol, Ibuprofen, Benadryl, and Pepto Bismol. Do not send any of these OTC medications with your child. We follow the over-the-counter medication permissions you submitted to the school nurse in Magnus; *if you answered "no" to any of these, including Benadryl, please revisit that form before the trip in the event that your child has a headache or allergies so we can administer OTC meds as needed.*
- If your child has seasonal allergies and takes medication such as Zyrtec or Claritin, please send those medications on the trip and make sure to update Magnus.
- **All prescription or OTC medication brought on trips should be in the original bottle/container with only the amount of pills needed for the trip.** Pharmacies can supply extra bottles with duplicate labels for use at school or on a school trip.
- Faculty will carry and administer all medication with the exception of emergency medication such as Epinephrine, Glucagon, and Albuterol. Please make sure you or your child give their medications to the Ex Ed faculty leading the trip.

COVID Protocols

We will follow the New Mexico Health orders in place at the time of retreat. Students are welcome to be more cautious than is required.

Equipment List

- sleeping bag and pillow (the cabins have bare mattresses and bunk beds)
- towel
- bug spray
- long pants, long-sleeved shirt, light jacket or fleece (it can get chilly and buggy at night)
- shorts
- 2 t-shirts
- clothes to tie dye in
- clothes for the dance
- clothes to sleep in
- bathing suit
- comfortable and practical sturdy shoes
- shower shoes

- one-liter water bottle (well-marked with your name)
- brimmed hat (and sunglasses)
- sunscreen
- toiletries
- personal prescription medications
- flashlight

What NOT to Bring!

- **cell phones or electronics**
- **extra food... we will have lots of snacks for you, and there are bears – NO FOOD IN THE DORMS!**

Concluding Thoughts: I hope you are looking forward to your senior year! Senior Retreat is an opportunity to catch up with old friends and make new friends. It is a fun way to start the year with everyone, and I will see you all very soon. If you have any concerns, please feel free to contact me.

Sincerely,

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Senior Class Dean
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